

## DRINKS

Available all day

### HOT 'N STEAMY

Ask for almond milk R8 | Oat milk R10 | Fat free milk options available

#### **Deluxe house blend or decaf available**

Latte	R28
Flat white	R25 (250ml)   R32 (350ml)
Cappuccino	R25 (250ml)   R32 (350ml)
Americano	R24
Espresso	R18 single   R22 double
Mocha	R32
Cortado	R24
Rooibos tea	R18
Ceylon tea	R18
Artisanal tea selection	R30
Hot chocolate	R32
White hot chocolate	R38
Skinny hot chocolate	R38
Chai latte	R32

## CHILL WITH US

A selection of smoothies, juices and chilled beverages

<b>Oreo</b>	R50
Crushed Oreo, peanut butter & banana	
<b>Berry &amp; Vanilla</b>	R55
Fresh seasonal berries and vanilla bean with coconut milk	
<b>Cinnamon &amp; Apple</b>	R45
Apple, cinnamon spice and honey	
<b>Mocha Banana</b>	R55
Espresso shot, dark chocolate, almond and banana	
<b>Green Machine</b>	R45
Kale, pineapple, pressed apple juice and baby spinach	
<b>Chai Hazelnut</b>	R60
Chai spice and hazelnut with honey and coconut cream	
<b>Fresh Pressed Juices</b>	R35
Orange   Grapefruit   Apple   Daily Greens	
<b>WINK Ice Tea</b>	R30
Apple & lemon   Strawberry & mint	
<b>Soft drinks</b>	R14
<b>Appletizer</b>	R22 (275ml)   R18 (330ml)
<b>Grapetizer</b>	R22 (275ml)   R18 (330ml)
<b>Still Water</b>	R17 (500ml)   R28 (1L)
<b>Sparkling Water</b>	R19 (500ml)   R30 (1L)
<b>Redbull</b>	R35
<b>Sterri stumpie</b>	R20

## GET BAKED

Available all day

### **Cape Croissants**

Plain | Chocolate | Almond

### **Stud Muffins**

Chef's selection

### **Baby Cakes**

Chef's selection

### **Bougie Brownies**

### **Giant Choc Chip Cookies**

## BREAKFAST

Served daily from 7am to 11am

## TOAST IT

Open or closed with sourdough | rye | grain loaf  
Your choice of scrambled | poached | fried eggs

### **The Hue**

Baby spinach, feta & 2 poached eggs R70  
with pesto drizzle

### **Let's get Smashed**

Smashed seasoned avo & leafy greens R65  
with dukkah crumble  
Add 2 eggs R20 | Bacon R35

### **The O.G.**

Honey glazed bacon & egg with smoked R90  
mozzarella

### **Upstream Dream**

Smoked salmon on a bed of greens with R90  
cream cheese  
Add 2 eggs R20

### **In the Garden**

Fresh basil, roasted baby tomato with R80  
shredded harissa halloumi and toasted  
almonds  
Add 2 eggs R20 | Bacon R35

## ON A PLATE

Served with sourdough | rye | grain loaf  
Your choice of scrambled | poached | fried eggs

### **The Ol' Faithful**

Bacon and 2 eggs R55  
Add mushroom R15 | Roasted baby  
tomato R15 | WINK crafted beef patty R35  
| Avocado R25 | Onion R15

### **Benny and the Jets**

Eggs benedict served with WINK's R28  
hollandaise sauce  
Salmon R120 | Bacon R100 | Veg R85

### **East in the South**

Curried bean & chickpea with zesty R95  
yoghurt dressing, WINK crafted beef  
patty & fried egg

### **The Daily OM**

2 egg omelette with mozzarella R60  
Add mushrooms R15 | Danish feta R20 |  
Baby spinach R15 | Baby tomato R15 |  
Onion R15 | Bacon R35 | Fresh chilli R15

### **La Vie en Rose**

French toast with sugar & cinnamon dust, R80  
served with seasonal fruit & maple syrup.  
Add bacon R35

## IN A BOWL

### **Totes Oats**

Peanut butter & banana | Apple & R55  
cinnamon | Chocolate & coconut

### **Healthy Honey**

Seasonal fruit, WINK granola & Greek R65  
yoghurt with dark chocolate shavings &  
honey drizzle

### **Grain on me**

Quinoa and bulgur wheat bowl with 2 R85  
poached eggs, sautéed mushrooms,  
baby spinach & avo

### **Arriba Arriba**

Mexican mince | Mexican beans (v) R95  
Served with 2 eggs with guacamole &  
fresh salsa

## LUNCH

Served daily from 11am to 3pm

Your choice of rustic potato fries I sweet potato fries I WINK side salad where applicable

## ARTISANAL AT WINK

### **Curry in a Hurry**

R95

Chicken tenders I Root vegetables

Served in butter curry sauce with steamed fragrant rice

### **Oodles of Noodles**

Sticky beef R85 I Crispy Pork R80

Spicy Veg R70 I served with egg fried noodles

### **WINK Wings**

R120

7 Spice coated buffalo wings fried, drizzled with soy honey reduction and served with your choice of fries or salad

### **Trippin' Fish Tacos**

R95

Three flash fried hake tacos filled with spicy avo salsa and fresh cilantro

## BURGERS FROM THE DIEP

### **EAT(ON)**

R90

WINK crafted beef patty covered with mozzarella melt topped with crispy onion rings

### **Thai Crunch**

R95

Crispy fried buttermilk chicken breast with honey glaze, chilli reduction, avo and Asian slaw

### **Under the Tuscan Sun**

R110

Grilled chicken breast I WINK crafted beef patty I Chickpea & lentil patty (v) Topped with parmesan shavings, basil pesto and a balsamic reduction

### **Notorious B.I.G.**

R125

#### **(Bacon Is Gourmet)**

WINK's crafted beef patty, bacon & mozzarella melt topped with fresh red onion & sriracha mayo

### **Dixie Chicks**

R85

Chickpea & lentil mix patty served with fried mushroom and coriander yoghurt dressing

## WRAPPED OR TOSSED

Your choice of wrap or salad

### **The WINK**

Spicy Beef

R95

Tikka Chicken

R90

Microgreens, avo sambal and lime coriander yoghurt dressing

### **Marrakesh (v)**

R80

Moroccan spice roasted butternut with wild rocket, red onion couscous, feta & a zesty yoghurt dressing

### **Love Me Tender**

R95

Crispy fried buttermilk chicken tenders, Asian slaw, avo & sesame seeds with creamy sriracha mayo dressing

### **Hummus where the Heart is (v)**

R70

Crisp leaf mix, cucumber, avo, paprika roasted chickpea and cashew nut with zesty hummus dressing